

QUALIFICATIONS PACK - OCCUPATIONAL STANDARDS FOR SPORTS INDUSTRY

What are Occupational Standards(OS)?

- OS describe what individuals need to do, know and understand in order to carry out a particular job role or function
- OS are performance standards that individuals must achieve when carrying out functions in the workplace, together with specifications of the underpinning knowledge and understanding

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Introduction

Qualifications Pack – Beach Lifeguard

SECTOR: SPORTS PE FITNESS AND LEISURE

SUB-SECTOR: Adventure Sports/ Water Sports

OCCUPATION: BEACH LIFEGUARD

REFERENCE ID: SPF/Q1119

ALIGNED TO: NIL

Brief Job Description: A beach life guard is a vigilant and active person responsible for saving life of people on the beach in an emergency situation.

Personal Attributes: This job requires the individual to be an active swimmer. The participant must possess high levels of fitness and should be able to complete 100 meters swim in less than 2 minutes. S/he must be able to work in a team, work under pressure and take responsibility. They should be self-motivated team players, energetic individuals interested and enthusiastic about public safety.

Job Details	Qualifications Pack Code	SPF/Q1119		
	Job Role	Beach Lifeguard		
	Credits (NSQF)	TBD	Version number	1.0
	Sector	Sports PE Fitness and Leisure	Drafted on	21-02-2016
	Sub-sector	Adventure Sports/ Water Sports	Last reviewed on	21-02-2016
	Occupation	Beach Lifeguard	Next review date	21-01-2018

Job Role	Beach Lifeguard
Role Description	The Beach Lifeguard is responsible for safely evacuating people in an emergency situation.
NSQF level	3
Minimum Educational Qualifications*	Class 8 th pass
Maximum Educational Qualifications*	Not Applicable
Training (mandatory)	Swimming ability: 100m in not more than 2 minutes.
Experience	No experience necessary
Minimum Job Entry Age	18 years
Applicable National Occupational Standards (NOS) for LEVEL 1	<p>Compulsory:</p> <ol style="list-style-type: none"> 1. Undertake beach safety management activities 2. Perform water rescue 3. Provide first aid and manage suspected injuries 4. Working autonomously <p>Optional:</p>
Performance Criteria	As described in the relevant OS units

Keywords /Terms	Description
Sector	Sector is a conglomeration of different business operations having similar businesses and interests. It may also be defined as a distinct subset of the economy whose components share similar characteristics and interests.
Sub-sector	Sub-sector is derived from a further breakdown based on the characteristics and interests of its components.
Occupation	Occupation is a set of job roles, which perform similar/related set of functions in an industry.
Function	Function is an activity necessary for achieving the key purpose of the sector, occupation, or area of work, which can be carried out by a person or a group of persons. Functions are identified through functional analysis and form the basis of OS.
Job Role	Job role defines a unique set of functions that together form a unique employment opportunity in an organization.
OS	OS specify the standards of performance an individual must achieve when carrying out a function in the workplace, together with the knowledge and understanding they need to meet that standard consistently. Occupational Standards are applicable both in the Indian and global contexts.
Performance Criteria	Performance Criteria are statements that together specify the standard of performance required when carrying out a task.
NOS	NOS are Occupational Standards which apply uniquely in the Indian context.
Qualifications Pack Code	Qualifications Pack Code is a unique reference code that identifies a qualifications pack.
Qualifications Pack	Qualifications Pack comprises the set of OS, together with the educational, training and other criteria required to perform a job role. A Qualifications Pack is assigned a unique qualification pack code.
Unit Code	Unit Code is a unique identifier for an Occupational Standard , which is denoted by an 'N'.
Unit Title	Unit Title gives a clear overall statement about what the incumbent should be able to do.
Description	Description gives a short summary of the unit content. This would be helpful to anyone searching on a database to verify that this is the appropriate OS they are looking for.
Knowledge and Understanding	Knowledge and Understanding are statements which together specify the technical, generic, professional and organizational specific knowledge that an individual needs in order to perform to the required standard.
Organizational Context	Organizational Context includes the way the organization is structured and how it operates, including the extent of operative knowledge managers have of their relevant areas of responsibility.
Technical Knowledge	Technical Knowledge is the specific knowledge needed to accomplish specific designated responsibilities.

National Occupational Standard



Overview

This unit is about undertaking beach management activities.

National Occupational Standard	Unit Code	SPF/N
	Unit Title (Task)	Undertake beach safety management
	Description	This unit is about undertaking safety related activities on the beach
	Scope	<p>This OS unit/task covers the following:</p> <ul style="list-style-type: none"> • Prepare for beach surveillance and rescue • Undertake preventative actions • Respond to casualties in distress • Complete beach surveillance and rescue recovery requirements
	Performance Criteria (PC) w.r.t. the Scope	
	Element	Performance Criteria
	Prepare for beach surveillance and rescue	<p>PC1. Duty information is obtained.</p> <p>PC2. Beach information and weather forecasts are accessed and likely conditions are considered.</p> <p>PC3. Availability of appropriately skilled personnel is ensured to meet likely conditions and organisational requirements.</p> <p>PC4. Pre-use check of equipment is completed in accordance with organisational procedures</p>
	Undertake preventative actions	<p>PC5. Beach and surf conditions are evaluated.</p> <p>PC6. Safest swimming location is determined and signage/flags are erected in accordance with prevalent standards.</p> <p>PC7. Equipment availability is ensured and appropriately located.</p> <p>PC8. Operational head is notified of availability for duty.</p> <p>PC9. Public is proactively engaged to inform them of hazards</p>
	Respond to casualties in distress	<p>PC10. Casualties in distress are identified and/or information about casualties in distress is received from team members.</p> <p>PC11. Incident details are gathered and risk assessment of casualties and incident is undertaken.</p> <p>PC12. Appropriate rescue method is determined and appropriate rescue equipment is chosen as a result of this risk assessment.</p> <p>PC13. Operational head is notified of rescue situation and continuous updates are provided as required.</p> <p>PC14. Casualty rescue is undertaken or team member is directed to undertake casualty rescue.</p> <p>PC15. Casualty management is coordinated.</p> <p>PC16. Liaison is undertaken with emergency services as required.</p> <p>PC17. Completion of casualty handover to ambulance personnel is ensured.</p>

Undertake beach safety management activities

Complete beach surveillance and rescue recovery requirements	<p>PC18. Operational head is notified of end of service provision.</p> <p>PC19. Equipment is returned to storage and post-operational checks and maintenance are completed.</p> <p>PC20. Personnel are debriefed as required.</p> <p>PC21. Organisational documentation is completed as required.</p>
Knowledge and Understanding (K)	
A. Organizational Context (Knowledge of the company / organization and its processes)	<p>The user/individual on the job needs to know and understand:</p> <p>KA1. Organizational Procedure for accidents, safety.</p> <p>KA2. Types of equipment available with the organisation</p> <p>KA3. Types of emergency equipment needed for the trip like first aid kit etc</p> <p>KA4. Aware of state Emergency response teams</p> <p>KA5. Business, Professional and Ethical code of conduct.</p>
B. Technical Knowledge	<p>The user/individual on the job needs to know and understand:</p> <p>KB1. Emergency response procedures – situation assessment, deciding on and conducting a rescue considering resources available, time limitations and safety priorities, informing and motivating team</p> <p>KB2. Occupational Health and Safety guidelines for providing recreational or adventure water sport</p> <p>KB3. Technical signage and beach safety</p>
Skills (S)	
A. Core Skills/ Generic Skills	Writing Skills
	<p>The user/ individual on the job needs to know and understand how to:</p> <p>SA1. Report any incident</p>
	Reading Skills
	<p>The user/individual on the job needs to know and understand how to:</p> <p>SA2. Ability to read and understand all usage of equipment and safety guidelines</p> <p>SA3. Read weather forecast reports</p>
B. Professional Skills	Oral Communication (Listening and Speaking skills)
	<p>The user/individual on the job needs to know and understand how to:</p> <p>SA4. communicate effectively with colleagues and stakeholders</p> <p>SA5. coordinate a range of beach related issues/rescues.</p>
B. Professional Skills	Decision Making
	<p>The user/individual on the job needs to know and understand how to:</p> <p>SB1. identify wave types and issue warnings if need be</p> <p>SB2. Identify the situation and plan a rescue</p>

Undertake beach safety management activities

	Plan and organize
	The user/individual on the job needs to know and understand how to: SB3. Plan a rescue SB4. Organizing all equipment needed at the beach
	Customer Centricity
	The user/individual on the job needs to know and understand how to: SB5. manage a range of situations in a calm, concise manner
	Problem Solving
	SB6. Assess the wave currents and provide instructions/follow directions to deal with emergency situations.
	Analytical Thinking
The user/individual on the job needs to know and understand how to: SB7. access and interpret data (e.g weather related) SB8. Notice when something is wrong or is likely to go wrong SB9. Identify problems, develop, review, and apply solutions SB10. Stay disciplined, concentrate and not be distracted while at duty SB11. In case of situations that are out of norm, ability to assess situation and act accordingly	



NOS Version Control

NOS Code	SPF/N		
Credits(NSQF)	TBD	Version number	1.0
Industry	Sports PE Fitness and Leisure	Drafted on	21/02/2016
Industry Sub-sector	Adventure Sports/ Water Sports	Last reviewed on	22/02/2016
Occupation	Beach Lifeguard	Next review date	21/01/2017



National Occupational Standard



Overview

This unit is about performing water rescue

Unit Code	SPF/N
Unit Title (Task)	Perform water rescue
Description	This OS unit describes the performance outcomes, skills and knowledge required to identify, evaluate and respond to aquatic emergencies using established rescue procedures.
Scope	<p>The OS unit/ task covers the following:</p> <ul style="list-style-type: none"> Identify and evaluate major aquatic emergencies Respond to aquatic emergency Assess the casualty Organise further emergency care as required Record and report the incident
Performance Criteria (PC)	
Element	Performance Criteria
Identify and evaluate major aquatic emergencies	<p>PC1. recognise factors which contribute to aquatic emergencies.</p> <p>PC2. recognise signs and signals of aquatic emergency and communicate initial assessment to appropriate personnel.</p> <p>PC3. identify appropriate emergency response for the situation and people involved.</p> <p>PC4. promote compliance with safety rules of aquatic facility to clients.</p>
Respond to aquatic emergency	<p>PC5. activate emergency systems and implement strategies for group control.</p> <p>PC6. assess factors impacting on the advanced water rescue and formulate a rescue plan.</p> <p>PC7. determine appropriate involvement of others, type of rescue required and rescue equipment needed.</p> <p>PC8. identify hazards and take appropriate action to prevent further injury to the casualty, self or others.</p> <p>PC9. perform an advanced water rescue using established techniques and procedures and safe manual handling techniques.</p>
Assess the casualty	<p>PC10. observe and assess condition of the casualty.</p> <p>PC11. assess vital signs and symptoms of shock and provide appropriate treatment.</p>
Organise further emergency care as required	<p>PC12. contact emergency services and provide accurate information to obtain required assistance.</p> <p>PC13. monitor casualty or arrange further treatment until emergency response team assumes responsibility.</p>
Record and report the incident.	<p>PC14. complete required documentation in agreed format.</p> <p>PC15. notify other personnel and statutory authorities of incident as required.</p>

Knowledge and Understanding (K)	
C. Organizational Context (Knowledge of the company / organization and its processes)	The user/individual on the job needs to know and understand: KA1. Organizational Procedure for accidents, safety. KA2. Types of equipment available with the organisation KA3. Types of emergency equipment needed for aquatic rescue KA4. Aware of state emergency response teams
D. Technical Knowledge	The user/individual on the job needs to know and understand: KB1. Techniques of rescue in the beach KB2. Understands and can read the waves pattern
Skills (S)	
A. Core Skills/ Generic Skills	Writing Skills
	The user/ individual on the job needs to know and understand how to: SA1. Report any incident
	Reading Skills
	The user/individual on the job needs to know and understand how to: SA2. read and understand all usage of equipment and safety guidelines SA3. Interpret weather forecast
	Oral Communication (Listening and Speaking skills)
	The user/individual on the job needs to know and understand how to: SA2. Communicate effectively and clearly to the team members involved SA3. Provide clear coordinates to the place of incident
B. Professional Skills	Decision Making
	The user/individual on the job needs to know and understand how to: SB1. Decide if the beach activities should be called off depending on the weather
	Plan and organise
	The user/individual on the job needs to know and understand how to: SB2. Plan, organize and undertake rescue missions as need be
	Customer Centricity
	The user/individual on the job needs to know and understand how to: SB3. Rescue a person in an emergency situation
	Problem Solving

SPF/N

	Analytical Thinking
	The user/individual on the job needs to know and understand how to: SB4. Ability to identify water currents and movement SB5. Notice when something is wrong or is likely to go wrong SB6. Identify problems, develop, review, and apply solutions



NOS Version Control

NOS Code	SPF/N1112		
Credits(NSQF)	TBD	Version number	1.0
Industry	Sports PE Fitness and Leisure	Drafted on	21/02/2016
Industry Sub-sector	Adventure Sports/ Water Sports	Last reviewed on	22/02/2016
Occupation	Beach Lifeguard	Next review date	21/02/2018



National Occupational Standard



Overview

This unit is about providing first aid and managing suspected injuries

Unit Code	SPF/
Unit Title (Task)	Provide first aid and manage suspected injuries
Description	This unit is about providing first aid and manage suspected injuries appropriately
Scope	<p>The unit/ task covers the following:</p> <ul style="list-style-type: none"> • Apply appropriate first aid procedures • Identify suspected spinal injury • Immobilise cervical spine • Transport and perform casualty handover
Performance Criteria (PC)	
Element	Performance Criteria
Apply appropriate first aid procedures	<p>PC1. Perform cardiopulmonary resuscitation (CPR) in accordance with guidelines</p> <p>PC2. Provide first aid in accordance with established first aid principles</p> <p>PC3. Display respectful behaviour towards casualty</p> <p>PC4. Obtain consent from casualty where possible</p> <p>PC5. Use available resources and equipment to make the casualty as comfortable as possible</p> <p>PC6. Operate first aid equipment according to manufacturer's instructions</p> <p>PC7. Monitor the casualty's condition and respond in accordance with first aid principles</p>
Identify suspected spinal injury	<p>PC8. Identify signs and symptoms from a conscious casualty that may suggest a spinal injury are identified.</p> <p>PC9. signs of life in an unconscious casualty are confirmed.</p> <p>PC10. basic life support protocols are followed with care for casualty's spine where casualty exhibits no signs of life.</p> <p>PC11. Likely causes of unconsciousness that may suggest a spinal injury are identified.</p> <p>PC12. Emergency medical aid is requested.</p>
Immobilise cervical spine	<p>PC13. Casualty is communicated with to provide reassurance and to explain the need to minimise movement of their spine.</p> <p>PC14. casualty is measured and appropriately sized cervical collar is selected.</p> <p>PC15. cervical collar is applied ensuring correct location and tension is applied.</p> <p>PC16. conscious standing casualty is assisted to supine position in accordance with organisational procedures and availability of personnel</p> <p>PC17. Equipment to immobilise the casualty's spine is selected used appropriately</p>

Provide first aid and manage suspected injuries

<p>Transport and perform casualty handover</p>	<p>PC18. Team is directed in coordinated lifting movement and lowering of casualty PC19. details of incident are communicated to medical personnel. PC20. assistance is given to medical personnel as requested. PC21. debriefing with supervisor or other operational staff is undertaken. PC22. relevant log books are completed according to organisational requirements</p>
<p>Knowledge and Understanding (K)</p>	
<p>A.Organizational Context (Knowledge of the company / organization and its processes)</p>	<p>The user/individual on the job needs to know and understand: KA1. Organizational Procedure for accidents, safety. KA2. Types of equipment available with the organisation KA3. Types of emergency equipment for first aid KA4. Aware of state emergency response teams KA5. Emergency evacuation procedure near beach KA6. Roles and responsibilities of all individuals/teams involved KA7. Guidelines for managing spinal injury KA8. Business, Professional and Ethical code of conduct.</p>
<p>B.Technical Knowledge</p>	<p>The user/individual on the job needs to know and understand: KB1. Administration of basic first aid and CPR KB2. Emergency response procedures – situation assessment, deciding on and conducting a rescue considering resources available, time limitations and safety priorities, informing and motivating a crew KB3. Occupational Health and Safety guidelines for providing recreational or adventure water sport KB4. Identifying and managing spinal injuries KB5. common causes of spinal injuries relevant to the work environment KB6. risks associated with moving a casualty with a suspected spinal injury KB7. safe manual handling techniques KB8. signs and symptoms of suspected spinal injury KB9. techniques for manual stabilisation KB10. types of spinal immobilisation equipment available</p>
<p>Skills (S)</p>	
<p>A. Core Skills/ Generic Skills</p>	<p>Writing Skills The user/ individual on the job needs to know and understand how to: SA1. Report the incident</p> <p>Reading Skills The user/individual on the job needs to know and understand how to: SA2. safety guidelines and understand signage</p>

SPF/

Provide first aid and manage suspected injuries

	<p>Oral Communication (Listening and Speaking skills)</p>
	<p>The user/individual on the job needs to know and understand how to: SA3. communicate effectively with casualty to provide reassurance</p>
<p>B. Professional Skills</p>	<p>Decision Making</p>
	<p>The user/individual on the job needs to know and understand how to: SB1. Determine if the casualty has any spinal injury</p>
	<p>Plan and organize</p>
	<p>The user/individual on the job needs to know and understand how to: SB2. Plan a rescue mission SB3. Organise equipment needed for the first aid</p>
	<p>Customer Centricity</p>
	<p>The user/individual on the job needs to know and understand how to: SB4. Keep the casualty with respect and dignity SB5. Adhere to code of conduct</p>
	<p>Problem Solving</p>
	<p>SB6. Assess situation and provide first aid immediately</p>
	<p>Analytical Thinking</p>
	<p>The user/individual on the job needs to know and understand how to: SB7. assess casualty</p>

NOS Version Control

NOS Code	SPF/N		
Credits(NSQF)	TBD	Version number	1.0
Industry	Sports PE Fitness and Leisure	Drafted on	21/02/2016
Industry Sub-sector	Adventure Sports/ Water Sports	Last reviewed on	22/02/2016
Occupation	Beach Lifeguard	Next review date	21/02/2018



National Occupational Standard



Overview

This unit is about taking responsibility and working autonomously

Unit Code	SPF/N
Unit Title (Task)	Work autonomously
Description	This OS unit is about working as a member of a team or as an individual for periods of time without direct supervision
Scope	The unit/ task covers the following: <ul style="list-style-type: none"> • Undertake work activities • Accept responsibilities • Set performance requirement
Performance Criteria (PC)	
Element	Performance Criteria
Undertake work activities	<p>PC1. Work requirements are identified and undertaken.</p> <p>PC2. Instructions and directions are understood and implemented.</p> <p>PC3. Communication is maintained with team leader advising of progress of task/activity.</p> <p>PC4. Personal safety and safety of others is maintained.</p> <p>PC5. Any legal requirements and/or ramifications of activities are communicated to team leader.</p> <p>PC6. Work area is determined or selected in accordance with operational or organisation's requirements.</p> <p>PC7. Equipment is operated in accordance with the manufacturer's specifications.</p> <p>PC8. OH&S and the organisation's policies and procedures are followed</p>
Accept responsibilities	<p>PC9. Responsibilities are accepted according to the organisation's policy and procedures.</p> <p>PC10. Team leader is appraised of the outcome of task/activity.</p> <p>PC11. Any activity that exceeds the scope of the defined task is referred to the supervisor.</p>
Act as a team leader as required	<p>PC12. Responsibility for the performance of the team is accepted.</p> <p>PC13. Goals are set, tasks identified and presented to team members.</p> <p>PC14. Instructions and directions are communicated to team members clearly and unambiguously.</p> <p>PC15. Team members' concerns and queries are recognised, discussed and dealt with</p> <p>PC16. Any legal requirements and/or ramifications of team activities are communicated to team members.</p> <p>PC17. Duties, rosters and responsibilities are allocated to team members having regard to the skills and knowledge required to properly undertake the assignment or task and according to organisation's policy and procedures.</p> <p>PC18. Feedback on own performance is provided as required.</p> <p>PC19. Level of authority is recognised and adhered to.</p> <p>PC20. Operational debrief is conducted in accordance with the organisation's</p>

	requirements.
Knowledge and Understanding (K)	
A. Organizational Context (Knowledge of the company / organization and its processes)	The user/individual on the job needs to know and understand: KA1. organisation's policies and procedures KA2. Occupational health and safety policies and measures KA3. method of monitoring performance KA4. organisation's policy for referring performance issues KA5. organisation's policy relevant to hours of work and work allocation KA6. organisation's requirements for documenting team performance and activities KA7. procedures and methods of setting performance expectations KA8. required to work in a team KA9. team members' duties and responsibilities
B. Technical Knowledge	The user/individual on the job needs to know and understand: NA for this OS Unit
Skills (S)	
A. Core Skills/ Generic Skills	Writing Skills
	The user/ individual on the job needs to know and understand how to: SA1. Reporting and documentation
	Reading Skills
	The user/individual on the job needs to know and understand how to: SA2. Read and interpret organizational policies SA3. Understands local language and emergency contacts
	Oral Communication (Listening and Speaking skills)
	The user/individual on the job needs to know and understand how to: SA4. communicate instructions and directions SA5. communicate performance expectations
B. Professional Skills	Decision Making
	The user/individual on the job needs to know and understand how to: SB1. Determine the need of the situation SB2. Assume leadership role when situation demands SB3. Act according to the demanding circumstances
	Plan and organize

SPF/N

	The user/individual on the job needs to know and understand how to: SB4. Team meetings and debriefings
	Customer Centricity
	The user/individual on the job needs to know and understand how to: SB5.
	Problem Solving
	SB6. Resolving conflicts between the team members if any
	Analytical Thinking
The user/individual on the job needs to know and understand how to: SB7. Responding to situations indently, quickly and undertaking the right activity of rescue or prevention of any accident	



NOS Version Control

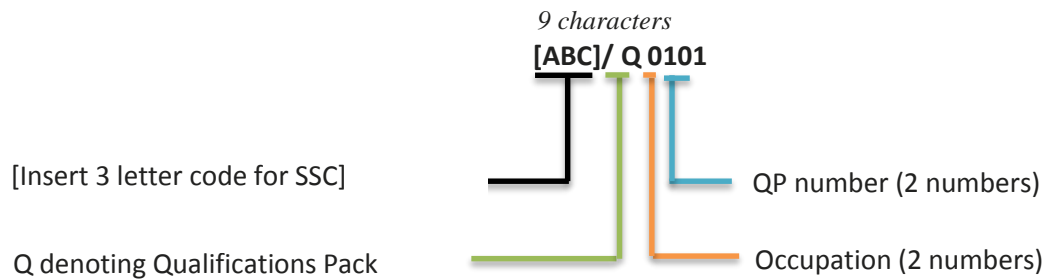
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Annexure

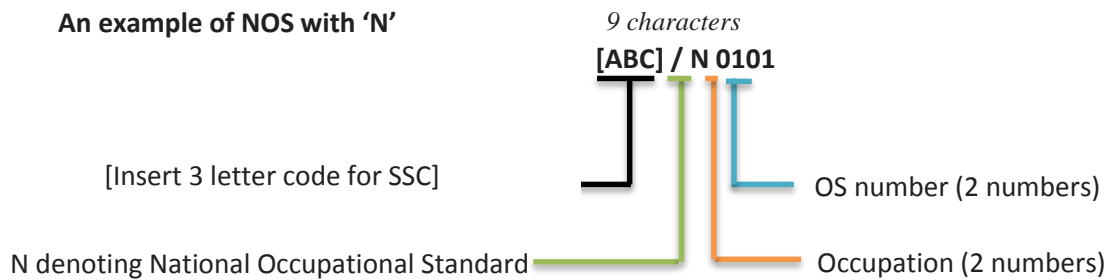
Nomenclature for QP and NOS

Qualifications Pack



Occupational Standard

An example of NOS with 'N'



The following acronyms/codes have been used in the nomenclature above:

Sub-sector	Range of Occupation numbers
Sports Science and Technology	01
Sports Medicine	02
Sports Broadcasting/Communications	03
Sports Grassroots	04
Sports Facilities	05
Sports Management	06
Sports Development	07
Sports Event Management	08
Sports Coaching	09
Sports Manufacturing	10
Sports Fitness & Leisure	11

Sequence	Description	Example
Three letters	Industry name	SPF
Slash	/	/
Next letter	Whether QP or NOS	N
Next two numbers	Occupation code	01
Next two numbers	OS number	01

PERFORMANCE CRITERIA

Job Role: Beach Lifeguard

Qualification Pack: SPF/Q1119

Sector Skill Council: Sports, Physical Education, Fitness and Leisure Sector Skill Council

1. Criteria for assessment for each Qualification Pack will be created by the Sector Skill Council. Each Performance Criteria (PC) will be assigned marks proportional to its importance in NOS. SSC will also lay down proportion of marks for Theory and Skills Practical for each PC.
2. The assessment for the theory part will be based on knowledge bank of questions created by the SSC.
3. Individual assessment agencies will create unique question papers for theory and skill practical part for each candidate at each examination/training center.
4. To pass the Qualification Pack, every trainee should score a minimum of 40% in every NOS overall 50% pass percentage.
5. In case of successfully passing only certain number of NOS's, the trainee is eligible to take subsequent assessment on the balance NOS's to pass the Qualification Pack.

Assessment Strategy Marks Allocation

NOS CODE	NOS TITLE	WEIGHTAGE
	Undertake beach safety management activities	30
	Perform water rescue	30
	Provide first aid and manage suspected injuries	20
	Working autonomously	20
		100

NOS Code	Undertake beach safety management activities	Theory	Practical
Prepare for beach surveillance and rescue	PC1. Duty information is obtained.	2	3
	PC2. Beach information and weather forecasts are accessed and likely conditions are considered.	3	2
	PC3. Availability of appropriately skilled personnel is ensured to meet likely conditions and organisational requirements.	2	3
	PC4. Pre-use check of equipment is completed in accordance with organisational procedures	2	2
		9	10
Undertake preventative actions	PC5. Beach and surf conditions are evaluated.	2	3
	PC6. Safest swimming location is determined and signage/flags are erected in accordance with prevalent standards.	2	3
	PC7. Equipment availability is ensured and appropriately located.	2	3

	PC8. Operational head is notified of availability for duty.	2	2
	PC9. Public is proactively engaged to inform them of hazards	2	3
		10	14
Respond to casualties in distress	PC10. Casualties in distress are identified and/or information about casualties in distress is received from team members.	2	3
	PC11. Incident details are gathered and risk assessment of casualties and incident is undertaken.	2	3
	PC12. Appropriate rescue method is determined and appropriate rescue equipment is chosen as a result of this risk assessment.	2	3
	PC13. Operational head is notified of rescue situation and continuous updates are provided as required.	2	3
	PC14. Casualty rescue is undertaken or team member is directed to undertake casualty rescue.	1	3
	PC15. Casualty management is coordinated.	1	3
	PC16. Liaison is undertaken with emergency services as required.	1	3
	PC17. Completion of casualty handover to ambulance personnel is ensured.	2	3
		13	24
Complete beach surveillance and rescue recovery requirements	PC18. Operational head is notified of end of service provision.	2	3
	PC19. Equipment is returned to storage and post-operational checks and maintenance are completed.	2	3
	PC20. Personnel are debriefed as required.	2	3
	PC21. Organisational documentation is completed as required.	2	3
		8	12
	NOS TOTAL	40	60
	TOTAL	100	

NOS Code	Perform water rescue	Theory	Practical
Identify and evaluate major aquatic emergencies.	PC1. recognise factors which contribute to aquatic emergencies.	4	0
	PC2. recognise signs and signals of aquatic emergency and communicate initial assessment to appropriate personnel.	4	5
	PC3. identify appropriate emergency response for the situation and people involved.	4	5
	PC4. promote compliance with safety rules among	2	3

	public		
		14	13
Respond to aquatic emergency	PC5. activate emergency systems and implement strategies for group control.	2	3
	PC6. assess factors impacting on the advanced water rescue and formulate a rescue plan.	4	5
	PC7. determine appropriate involvement of others, type of rescue required and rescue equipment needed.	4	5
	PC8. identify hazards and take appropriate action to prevent further injury to the casualty, self or others.	3	6
	PC9. perform an advanced water rescue using established techniques and procedures and safe manual handling techniques.	3	6
		16	25
Assess the casualty.	PC10. observe and assess condition of the casualty.	3	6
	PC11. assess vital signs and symptoms of shock and provide appropriate treatment.	3	6
		6	12
Organise further emergency care as required.	PC12. contact emergency services and provide accurate information to obtain required assistance.	1	3
	PC13. monitor casualty or arrange further treatment until emergency response team assumes responsibility.	1	3
		2	6
Record and report the incident.	PC14. complete required documentation in agreed format.	1	2
	PC15. notify other personnel and statutory authorities of incident as required.	1	2
		2	4
		40	60
NOS TOTAL		100	

NOS Code	Provide first aid and manage suspected injuries	Theory	Practical
Apply appropriate first aid procedures	PC1. Perform cardiopulmonary resuscitation (CPR) in accordance with guidelines	2	5
	PC2. Provide first aid in accordance with established first aid principles	2	5
	PC3. Display respectful behaviour towards casualty	1	2
	PC4. Obtain consent from casualty where possible	1	2

	PC5. Use available resources and equipment to make the casualty as comfortable as possible	1	3
	PC6. Operate first aid equipment according to manufacturer's instructions	1	3
	PC7. Monitor the casualty's condition and respond in accordance with first aid principles	2	3
		10	23
Identify suspected spinal injury	PC8. Identify signs and symptoms from a conscious casualty that may suggest a spinal injury are identified.	2	4
	PC9. signs of life in an unconscious casualty are confirmed.	2	4
	PC10. basic life support protocols are followed with care for casualty's spine where casualty exhibits no signs of life.	2	4
	PC11. Likely causes of unconsciousness that may suggest a spinal injury are identified.	2	4
	PC12. Emergency medical aid is requested.	2	3
		10	19
Immobilise cervical spine	PC13. Casualty is communicated with to provide reassurance and to explain the need to minimise movement of their spine.	2	3
	PC14. casualty is measured and appropriately sized cervical collar is selected.	2	4
	PC15. cervical collar is applied ensuring correct location and tension is applied.	2	4
	PC16. conscious standing casualty is assisted to supine position in accordance with organisational procedures and availability of personnel	2	4
	PC17. Equipment to immobilise the casualty's spine is selected used appropriately	2	3
		10	18
Transport and perform casualty handover	PC18. Team is directed in coordinated lifting movement and lowering of casualty	2	4
	PC19. details of incident are communicated to medical personnel.	3	4
	PC20. assistance is given to medical personnel as requested.	2	3
	PC21. debriefing with supervisor or other operational staff is undertaken.	2	3
	PC22. relevant log books are completed according to organisational requirements	3	2
		12	16
		42	58
	NOS TOTAL	100	

NOS Code	Working autonomously	Theory	Practical
Undertake work activities	PC1. Work requirements are identified and undertaken.	1	2
	PC2. Instructions and directions are understood and implemented.	1	2
	PC3. Communication is maintained with team leader advising of progress of task/activity.	1	2
	PC4. Personal safety and safety of others is maintained.	1	2
	PC5. Any legal requirements and/or ramifications of activities are communicated to team leader.	1	1
	PC6. Work area is determined or selected in accordance with operational or organisation's requirements.	1	2
	PC7. Equipment is operated in accordance with the manufacturer's specifications.	1	2
	PC8. OH&S and the organisation's policies and procedures are followed	1	1
		8	14
Accept responsibilities	PC9. Responsibilities are accepted according to the organisation's policy and procedures.	0	1
	PC10. Team leader is appraised of the outcome of task/activity.	1	1
	PC11. Any activity that exceeds the scope of the defined task is referred to the supervisor.	0	1
		1	3
Act as a team leader as required	PC12. Responsibility for the performance of the team is accepted.	1	2
	PC13. Goals are set, tasks identified and presented to team members.	1	2
	PC14. Instructions and directions are communicated to team members clearly and unambiguously.	1	2
	PC15. Team members' concerns and queries are recognised, discussed and dealt with	1	2
	PC16. Any legal requirements and/or ramifications of team activities are communicated to team members.	1	1
	PC17. Duties, rosters and responsibilities are allocated to team members having regard to the skills and knowledge required to properly undertake the assignment or task and according to organisation's policy and procedures.	1	2
	PC18. Feedback on own performance is provided as required.	1	1
PC19. Level of authority is recognised and adhered to.	1	2	

Qualifications Pack For Beach Lifeguard



	PC20. Operational debrief is conducted in accordance with the organisation's requirements.	1	1
		9	15
		18	32
	NOS TOTAL		50